

Non-Dairy Milks
Price Comparison
Store Bought

September 5, 2018

Type of Milk	Brand	Unit Price (\$)	Price per Fluid Oz (\$)
Almond, unsweetened	Silk	3.99/64 fl oz	0.06
Cashew, original	Silk	3.49/64 fl oz	0.05
Cashew, unsweetened	Silk	3.49/64 fl oz	0.05
Coconut, unsweetened	So Delicious	4.79/64 fl oz	0.07
Flax, unsweetened	Good Karma	4.99/64 fl oz	0.08
Pea	Ripple	5.29/48 fl oz	0.11
Rice, original	Rice Dream	5.49/64 fl oz	0.09
Soy, original	Kirkland	27.52/12-32 fl oz	0.07
Soy, unsweetened	Sunrise	3.59/64 fl oz	0.06

Homemade	Oz Weight per Cup	Price per Lb (\$)	Price per Fluid Oz (\$)
Almond	8.0	5.49	0.09
Cashew	4.5	9.99	0.09
Chestnut (flour)	3.2	15.00	0.09
Coconut	3.0	2.99	0.02
Flaxseed	5.8	1.19	0.01
Hazelnut, skin	5.3	13.99	0.14
Oats, rolled	3.2	0.89	0.01
Pecan	4.4	12.99	0.11
Pistachio	3.5	17.99	0.12
Pumpkin seed	4.6	4.99	0.04
Rice, Basmati	7.0	1.05	0.01
Rice, Japonica	6.8	1.10	0.01
Sesame, white	5.0	2.99	0.03

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Aesthetic Characteristics

Rating Key, 0 = Nope, I didn't notice anything.

1 = ...Just a skosh.

2 = Oh, yeah, you know it!

* There is nothing scientific about this rating system.

It's based on my perception at the time of tasting.

* The numbers are relative to one another and are not benchmarked against anything objective.

Store Bought

Type of Milk	Color	Body	Sweetness	Astringency	Bitterness
Almond, unsweetened	off white	medium-light	1.5	0	0
Cashew, original	off white	medium	2	0	0
Cashew, unsweetened	off white	medium	1.5	0	0
Coconut, unsweetened	white	thick	0	0	0
Flax, unsweetened	off white	medium-light	1.5	0	0
Pea	off white	medium	1	0	0
Rice, original	translucent	light	1	0	0
Soy, original	off white	medium-light	1	1	0
Soy, unsweetened	white	medium	1.5	1	0

Homemade	Color	Body	Sweetness	Astringency	Bitterness
Almond	white-off white	medium	0.5	1.5	0
Cashew	off white	medium	0.5	1	0
Chestnut (flour)	tan	light	1	1	1.5
Coconut	white	light, with fat	0.5	1	0
Flaxseed	medium brown	very thick	0	0.5	1
Hazelnut, skin on	off white with	medium-light	1	2	0
Oats, rolled	off white with	thick	0.5	1	1
Pecan	tan	medium-light	0.5	2	0.5
Pistachio	pistachio green	thick	0	1	2
Pumpkin seed	grayish-green	medium-light	0.5	1.5	0
Rice, Basmati	white	very light	0	1	0.5
Rice, Japonica	white	light	0	1	0
Sesame, white	off white	medium	0	1	2

** All homemade examples are unfiltered with plenty of mouth feel.

** Yield = approximately 1 quart milk per cup of dry product.

Non-Dairy Milks

Notes

Store Bought

Type of Milk Notes

Almond, uns' Very light almond flavor; lightly toasted flavor

Cashew, orig Very light nut flavor

Cashew, uns' Very light flavor; lightly toasted flavor

Coconut, uns Smooth mouth feel; very light coconut flavor

Flax, unswee Distinctive flax flavor; kind of grassy

Pea Smooth, gum-thickened mouth feel; distinctive mild after-taste

Rice, original Watery consistency; light rice flavor

Soy, original Light vanilla note; tastes like milk left over after eating Cheerios

Soy, unswee Aroma and flavor of tofu

Homemade Notes

Almond Almond flavor

Cashew Cashew flavor; long finish on the palate

Chestnut (flo Toasted, smoky flavor

Coconut Delicate coconut flavor

Flaxseed Flaxseed flavor; earthy, grassy

Hazelnut, ski Distinctive hazelnut flavor

Oats, rolled Light oat flavor; lightly mucilaginous texture

Pecan Pecan flavor

Pistachio Mild pistachio flavor

Pumpkin see Light pumpkin seed flavor

Rice, Basma Lightly chalky; rice flavor

Rice, Japonic Mild indistinct flavor

Sesame, whi Sesame flavor; long bitter finish